

New literature reviews,
meta-analyses, and
evidence-based resources

TREATMENT

■ **ADDICTIVE DISORDERS IN CONTEXT: PRINCIPLES AND PUZZLES OF EFFECTIVE TREATMENT AND RECOVERY.** Moos R.H. *Psychology of Addictive Behaviors*: 2003, 17(1), p. 13–19. [DS] One of the world's most experienced addiction researchers distills the evidence into seven broad principles underlying effective treatment.

■ **DRUG ABUSE TREATMENT AND REHABILITATION. A PRACTICAL PLANNING AND IMPLEMENTATION GUIDE.** Marsden J. et al. 2003.

■ **INVESTING IN DRUG ABUSE TREATMENT. A DISCUSSION PAPER FOR POLICY MAKERS.** McLellan A.T. 2003.

■ **CONTEMPORARY DRUG ABUSE TREATMENT. A REVIEW OF THE EVIDENCE BASE.** McLellan A.T. et al. 2002. United Nations International Drug Control Programme.

Reports in the UN's toolkit for policy makers and practitioners with the accent on clear communication of the most important research evidence and cross-cultural applicability. *Download from* www.unodc.org/unodc/treatment_toolkit.html.

■ **PREVENTION OF RELAPSE IN ALCOHOL DEPENDENCE. HEALTH TECHNOLOGY ASSESSMENT ADVICE 3.** 2002. [EU]

■ **PREVENTION OF RELAPSE IN ALCOHOL DEPENDENCE. HEALTH TECHNOLOGY ASSESSMENT REPORT 3.** Slattery J. et al. 2003. [EU]

Health Technology Board for Scotland. Advice for commissioners and providers based on (second entry) a comprehensive literature review, views of service users, and economic analyses. *Download from* www.htbs.co.uk/publications.

■ **GUIDELINES FOR THE TREATMENT OF ALCOHOL PROBLEMS.** National Drug and Alcohol Research Centre.

■ **THE TREATMENT OF ALCOHOL PROBLEMS. A REVIEW OF THE EVIDENCE.** Shand F. et al.

[Australian] Commonwealth Department of Health and Ageing, 2003. Practice guidelines for the Australian national alcohol strategy aimed at generic and specialist health workers, plus the review on which these were based.

Download from www.health.gov.au/pubhlth or fax 00 61 6289 7837.

■ **TREATMENT MATCHING IN ALCOHOLISM.** Babor T.F. et al, eds. Cambridge University Press, 2002. [ES]

The definitive account of the state-of-the-art Project MATCH study of which treatments are best for which drinkers.

■ **INTEGRATED CARE PATHWAYS. GUIDE 1: DEFINITIONS AND CONCEPTS.** 2003. [EU]

■ **DEVELOPING AND IMPLEMENTING INTEGRATED CARE PATHWAYS. GUIDE 2: DEVELOPING INTEGRATED CARE PATHWAYS.** 2003. [EU]

■ **INTEGRATED CARE FOR DRUG USERS. DIGEST OF TOOLS USED IN THE ASSESSMENT PROCESS AND CORE DATA SETS.** Rome A. 2003. [EU]

Guides to the sequence and timing of interventions to optimise the continuum of care for drug misusers.

■ **COMORBIDITY OF MENTAL DISORDERS AND SUBSTANCE USE. A BRIEF GUIDE FOR THE PRIMARY CARE CLINICIAN.** Holmwood C.

■ **COMORBIDITY OF MENTAL DISORDERS AND SUBSTANCE USE IN GENERAL PRACTICE.** McCabe D. et al.

■ **CURRENT PRACTICE IN THE MANAGEMENT OF CLIENTS WITH COMORBID MENTAL HEALTH AND SUBSTANCE USE DISORDERS IN TERTIARY CARE SETTINGS.** Siggins Miller Consultants.

[Australian] Commonwealth Department of Health and Ageing, 2003.

First is a succinct practice guide for GPs; second the report on which it was based; third, review and recommendations for mental health and substance misuse services. Produced for Australia's national drug and mental health strategies.

Download from www.health.gov.au/pubhlth or fax 00 61 6289 7837.

■ **DUAL DIAGNOSIS GOOD PRACTICE GUIDE.** Department of Health, 2002.

Covers alcohol and other drugs. For commissioners and providers of mental health and substance misuse services.

Download from www.doh.gov.uk/mentalhealth/dualdiagnosis.htm.

■ **A GUIDE TO WORKING IN PARTNERSHIP: EMPLOYABILITY PROVISION FOR DRUG USERS.** McNab E. et al. 2003. [EU]

How training, education and employment can promote and sustain recovery from drug addiction and how to forge the inter-agency partnerships needed to deliver these benefits.

OFFICUTS

Two new services aim to help you choose prevention resources and develop the evidence base. The **Drugs Education and Prevention Information Service (DEPIS)** and the **National Drug Prevention Development Team (NDPDT)** can both be accessed via www.doh.gov.uk/drugs.

DEPIS is run for the Department of Health by **DrugScope**. At its core is a searchable database of resources and projects with evaluation reports and expert assessments. DEPIS also offers the chance of free consultancy on the evaluation and dissemination of prevention projects – visit www.drugscope.org.uk. NDPDT supports the development and dissemination of the drug prevention evidence base. To come are information packs on how to set up and evaluate a prevention project, a bank of useful documents and policies, and practitioner forums.

■ **DRUG COUNSELING FOR COCAINE ADDICTION: THE COLLABORATIVE COCAINE TREATMENT STUDY MODEL.** Therapy manual 4. Daley D.C. et al. US Department of Health and Human Services, 2002.

The group counselling approach developed for a multi-site clinical trial. *Download from* www.drugabuse.gov. See also manuals 1–3 for cognitive, community reinforcement and individual counselling approaches to cocaine addiction.

■ **INTERINDIVIDUAL VARIABILITY OF THE CLINICAL PHARMACOKINETICS OF METHADONE: IMPLICATIONS FOR THE TREATMENT OF OPIOID DEPENDENCE.** Eap C.B. et al. *Clinical Pharmacokinetics*: 2002, 41(14), p. 1153–1193. [DS]

Argues that differences in how patients metabolise methadone mean that treatment must be individually adapted to each patient.

■ **GUIDANCE FOR THE USE OF BUPRENORPHINE FOR THE TREATMENT OF OPIOID DEPENDENCE IN PRIMARY CARE.** Ford C. et al, eds. Royal College of General Practitioners, 2003.

Copies from mmurnane@rcgp.org.uk or Mike Murnane on 020 7173 6091.

■ **BUPRENORPHINE THERAPY OF OPIATE ADDICTION.** Kintz P. et al, eds. Humana Press, 2002. [ES]

Comprehensive review drawing on the extensive French experience with buprenorphine.

To order direct contact publisher, http://humanapress.com, fax 00 1 973 256 8341.

REDUCING HARM

■ **POLICY FROM A HARM REDUCTION PERSPECTIVE.** Lenton S. *Current Opinion in Psychiatry*: 2003, 16, p. 271–277. [DS]

Menu of harm reduction options from law reform and macro-policy to services such as needle exchange.

■ **DRUG CONSUMPTION FACILITIES: AN UPDATE SINCE 2000.** Kimber J. et al. *Drug and Alcohol Review*: 2003, 22(2), p. 227–233. [DS]

International experts assess the lifesaving potential and social acceptability of injecting rooms.

CRIMINAL JUSTICE

■ **SUBSTANCE ABUSE TREATMENT FOR CRIMINAL OFFENDERS.** Springer D.W. et al. American Psychological Association, 2003. [ES]

Evidence-based, practical guide for workers involved in prison treatment and diversion programmes. *Order direct from* www.apa.org/books/order@apa.org.

■ **ARREST REFERRAL. A GUIDE TO PRINCIPLES AND PRACTICE.** Russell P. et al. 2002. [EU]

■ **EVALUATION GUIDE 11: EVALUATING ARREST REFERRAL SCHEMES.** 2003. [EU]

■ **DRUG ARREST REFERRAL SCHEMES: A CASE STUDY OF GOOD PRACTICE.** O'Shea J. et al. Home Office, 2003.

Learning points from four English schemes with different methods. *Download from* www.drugs.gov.uk.

PREVENTION

■ **SCIENCE-BASED PREVENTION PROGRAMS AND PRINCIPLES, 2002.** Steven S. et al. [US] Center for Substance Abuse Prevention, Substance Abuse and Mental Health Services Administration, 2002.

Latest catalogue highlighting what the US health department's expert assessors agree are model, effective, or promising prevention programmes. *Download from* www.samhsa.gov.

■ **LONGER-TERM PRIMARY PREVENTION FOR ALCOHOL MISUSE IN YOUNG PEOPLE: A SYSTEMATIC REVIEW.** Foxcroft D.R. *Addiction*: 2003, 98, p. 397–411. [AC]

Authoritative review of long-term, rigorous evaluations of primary prevention of alcohol misuse identifying the most promising programmes.

■ **PEER EDUCATION: FROM EVIDENCE TO PRACTICE. AN ALCOHOL AND OTHER DRUGS PRIMER.** McDonald J. et al.

[Australian] National Centre for Education and Training on Addiction, 2003. Literature review, theoretical models, and a user-friendly guide to implementing peer education. *Download from* www.nceta.flinders.edu.au.

SOURCES

[AC] **Alcohol Concern**, phone 020 7928 7377, or write to Alcohol Concern, 32–36 Loman Street, London SE1 0EE, England.

[DS] **DrugScope**, phone 020 7928 1211, or write to DrugScope at address above.

[EU] Published by the Scottish Executive's **Effective Interventions Unit**. Copies from <http://drugmisuse.isdscotland.org/eiu>, e-mail eiu@scotland.gsi.gov.uk, or write to EIU, St. Andrew's House, Edinburgh, EH1 3DG, Scotland.

[F] **FINDINGS** – phone/fax 020 8888 6277, editor@drugandalcoholfindings.org.

[ES] Available through bookshops.