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► [Diagnosis and management of alcohol use disorders.](#)

Parker A.J.R., Marshall E.J., Ball D.M. [Request reprint](#)

British Medical Journal: 2008, 336, p. 496–501.

Clinical guidance for UK health care professionals on managing alcohol problems based on a review of British and international official guidance and major systematic reviews and research syntheses.

Abstract Clinical guidance for UK health care professionals on managing alcohol problems based on a review of British and international official guidance and major systematic reviews and research syntheses. The authors from the Maudsley Hospital and King's College in London assess ways to routinely identify and diagnose drinking problems including brief questionnaires and biological tests, and recommend areas further assessment should cover. Guidance is given on brief interventions and on managing withdrawal using medications, including the avoidance of neuropsychiatric complications. Also covered are ways to help prevent relapse and stabilise recovery including medications, professional psychosocial support, and/or the encouragement of self-help group attendance. A short list of additional education and support resources for professionals and patients is also provided.

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