

## OFFCUTS

Best practice and evidence-based **treatment guides** are available free of charge from US government web sites.

► **Treatment Improvement Protocols** (TIPs) are consensus guidelines from the Substance Abuse and Mental Health Service Administration covering alcohol and illegal drugs. Visit [www.health.org](http://www.health.org).

► **Therapy manuals** from the National Institute on Drug Abuse (NIDA) are derived from approaches found effective in NIDA-supported research. Three available so far cover treating cocaine addiction using cognitive-behavioral therapy, community reinforcement, or individual counselling. Download from [www.nida.nih.gov/DrugPages/Treatment.html](http://www.nida.nih.gov/DrugPages/Treatment.html).